



3RD Kup Blue Belt Red Stripe Grading + Assessment Information

Minimum 8 Month Program to 2nd Kup

Assessments will be carried out every 2 months

Kings Cubs Will need to go through the entire tag system

KTA will receive a black tag on completion of a pre grading

Orange Tag



- Joong Gun
- Toi Gye (1st Half)
- 1 Step Sparring Basic
- Turning Kick – Reverse Turning Kick Combination (Line Work)
- Board Measure Reverse Punch
Turning Kick

Blue Tag



- Joong Gun
- Toi Gye
- 1 Step Sparring Basic
- Turning Kick – Reverse Turning Kick Combination (Line Work)
- Self Defence
- Board Measure Reverse Turning Kick
Outward Knife Hand Strike

Black Tag



- Joong Gun
- Toi Gye
- 1 Step Sparring Basic
- Tuning Kick – Reverse Turning Kick Combination (Line Work)
- Self Defence
- Board Measure Side Kick
Inward Knife Hand Strike
Front Elbow Strike

Pregrading

- Joong Gun
- Toi Gye
- 1 Step Sparring Basic
- Free Sparring
- Turning Kick – Reverse Turning Kick Combination (Line Work)
- Self Defence
- Board Measure (Examinars Choice) X2 Leg Techniques
X1 Hand Technique
- Theory

Grading Practical

- Joong Gun
- Toi Gye
- Turning Kick Reverse Turning Kick Combination (Line Work)
- 1 Step Sparring Basic
- Free Sparring
- Self Defence
- Board Measure (Examiners Choice) X2 Leg Techniques
X1 Hand Technique
- Theory

Theory Examples

1. What is the meaning of Toi Gye?

Toi Gye is the pen name of the noted scholar Yi Hwang (16th Century), an authority on neo-Confucianism. The 37 movements of the pattern refer to his birthplace on 37 degrees latitude, the diagram represents “scholar”.

2. What is the meaning of red belt?

Red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

3. What is the Korean terminology for upset fingertip thrust?

Upset Fingertip Thrust – Dwijibun Sonkut Tulgi

4. What is the basic principle for self defence grabs and holds?

Move against the opponent’s joints

Terminology

Attacking Techniques

Upset Fingertip Thrust --- Dwigibun sonkut tulgi

(Movements 2 + 5)

Side Back Fist Strike --- Yopdwi dung joomuk taerigi

(Movement 28)

Middle Front Snap Kick --- Kaunde apcha busigi

(Movement 9)

Twin Side Elbow Thrust --- Sang yop palkup tulgi

(Movement 12)

Upward Knee Kick --- Ollyo moorup chagi

(Movement 21)

Flat Fingertip Thrust --- Opun sonkut tulgi

(Movements 24 + 27)

Defending Techniques

X-Fist Pressing Block --- Kyocha joomuk noollo makgi

(Movement 7)

Outer Forearm W-Shape Block --- Bakat palmok san makgi

(Movements 13 + 14 + 15 + 16 + 17 + 18)

Low Double Forearm Pushing Block --- Najunde doo palmok miro makgi

(Movement 19)

Low Knife Hand Guarding Block --- Najunde sonkal daebi makgi

(Movements 31 + 33)